

## STAGES OF PRACTICE

### 1. PRACTICE THE "C" SCALE

PRACTICE PICKING THE SCALE FROM LOW C (3/0), TO HIGH C (1/3) AND THEN THE REVERSE, THUMB OR FINGER.

### 2. PRACTICE ONE STRING PICK / STRUM,

PRACTICE PICKING THE "C" SCALE WITH AN ALTERNATE STRUM OF THE CORRESPONDING CHORD IN THE KEY TRIAD, THUMB OR FINGER.

### 3. PRACTICE ALTERNATING STRING BASS PICK & STRUM

ALTERNATING TWO MEASURE PICK OF STRINGS 3 (BASS) AND 2 (MELODY) FOLLOWED BY A 4 STRING STRUM MOVING THROUGH THE CHORDS IN THE KEY TRIAD.

### 4. PRACTICE ADDING THIRD STRING FOR COLOR

ALTERNATING THUMB PICK ADDING STRING 1 PICKING STRINGS 3 (BASS), 2 (MELODY), 1 (COLOR), 2 (MELODY) FOR EACH MEASURE, PICKING AND STRUMMING THE TRIAD AS IN PRACTICE 3.

### 5. PRACTICE 3 OR 4 STRING FINGER PICKING

DEVELOP YOUR OWN STYLE OF FINGER ROLL SUCH AS THUMB 4, FINGER 3, FINGER 2, FINGER 1, FINGER 2 FOR EACH MEASURE.

### 6. PRACTICE FINGER ROLL MELODY

USING YOUR FINGER ROLL FROM STEP 5 NOW ADD THE STRING 1 AND 3 FOR HIGH AND LOW MELODY NOTES YOU PRACTICED IN STEP 4. SUCH AS THUMB 4, FINGER 3, FINGER 2, FINGER 1, FINGER 2 FOR ONE MEASURE THEN THUMB 4, FINGER 1, FINGER 2, FINGER 3, FINGER 2 FOR THE NEXT.

You should be able to use the various picking techniques on some of our easier songs starting with STEP 3...